

Time	Saturday 10.10.2026	Sunday 11.10.2026	10.1 Monday 12.10.2026	Tuesday 13.10.2026	Wednesday 14.10.2026	Thursday 15.10.2026	Friday 16.10.2026
07:00-07:45		Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)
07:45-08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:45-09:15		Introduction to the topic	echo	echo	echo	echo	echo
09:15-11:00		Quartz Perception Exercise Monica + Albert + Everyone  Quartz Conclusion Albert	Equisetum arvense, Perception Albert + Monica + Adam +Everyone  Equisetum arvense, Conclusion Albert	Cichorium intybus, Perception Albert + Monica+Adam + Everyone  Cichorium intybus, Conclusion Albert	Cinis Capsellae comp. Preparation Albert + Everyone in two groups	Olibanum comp. Albert  Therapeutic use of Olibanum comp. Adam	Excursion to the mine
11:00-11:30		Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Excursion to the mine
11:30-13:15		Preparation of Plumbum Silicicum Albert + Everyone in four groups  Trituration of Plumbum Silicicum Monica + Albert + Everyone	Demonstration of the preparation of Solutio Silicea comp. Albert	Preparation of Alkali comp. Albert + Everyone  Trituration of Alkali comp. Albert + Monica + Everyone	Cinis Capsellae comp. Preparation of the ointment Monica + Albert + Everyone in four groups	Discussion of questions asked throughout the entire pharmaceutical training course By special request: aspects of the inner schooling path for those working in pharmacy. Everyone	Excursion to the mine

13:15-15:15		Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Excursion to the mine
15:15-16:15		Eurythmy Libertat	Eurythmy Libertat	Eurythmy Libertat	Eurythmy Libertat	Eurythmy Libertat	Excursion to the mine
16:15-17:15		General significance of mineral remedies in anthroposophic medicine Adam	Potentization of Solutio silicea comp. Monica + Albert + Everyone	Therapeutic use of Cichorium intybus and Alkali comp. Adam	Therapeutic use of Cinis Capsellae comp. Adam	Quality aspects for medicinal prod. (pharmacopoeia, APC); regulatory information. Monica	Excursion to the mine
17:15-17:45	Arriving and Registration	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Excursion to the mine
17:45-18:45	Introduction of the Participants	Therapeutic use of Quartz and Plumbum Silicicum Adam	Therapeutic use of Equisetum arv. and Solutio silicea comp. Adam	Overview of mineral compositions based on the model of a medicinal plant Albert	Aspects of pastoral medicine Adam	Quality aspects for medicinal products (pharmacopoeia, APC); regulatory information; best practices; magistral preparation. Monica	Excursion to the mine
18:45-19:30	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	
19:30-20:30	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	
20:45						Cultural night	