



IAAP

International Association of
Anthroposophic Pharmacists

APC Committee

May, 20th 2024

Dear colleagues,

It is a great pleasure for us on behalf of the APC Committee to announce the edition 5.1 of the APC, which now is available on the homepage of the IAAP: <http://iaap-pharma.org>.

We in the APC Committee have been working for two years to finish this new edition with several important new features:

Some substantial changes to the edition 5.0 have been made. Most important for the reader is, that the structure has been changed from 4 parts to now 3 parts. The monographs and requirements of the newest version of the European Pharmacopoeia (Ph. Eur. 11.4) have been considered. Some references for use in anthroposophic medicine have been added.

In addition, another 20 new substances and preparations, most of them variations of *Viscum album* or preparations of this plant, have been added in the appendices 2.2 and 2.6, respectively.

More important is, that we were able to complete the monograph *Viscum album*. This is the result of a co-operation between the manufacturing companies ABNOBA, Helixor, Iscador AG, and WALA. We want to thank Dr. Ulrich Riegert (head of the analytical department, WALA) for the coordination of the preparation of the analytical part of this monograph. We in the APC Committee are proud of this monograph.

Last but not least, we would like to mention that the first monograph on dosage forms has been established in the APC, which describes the anthroposophical-pharmaceutical bases for semi-solid preparations.

Despite these results, we are prepared to begin the work on the edition 5.2 in the next meeting on June 10th, focusing on references for use in anthroposophic medicine and further methods for the preparation of anthroposophic pharmaceutical products. Meanwhile, you can study the edition 5.1 and send your comments to us.

With best regards also on behalf of the other members of the APC Committee

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