



## **APC Committee, Explanatory Note to APC, Second Edition**

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### **Explanatory Note Concerning APC Appendix 2.2 Origanum majorana L. Ripe Fruit**

In anthroposophic traditional medicinal products *Origanum majorana* L. is used either as fresh or dried leaves or as ripe dried fruits or as a mixture of both.

In the case of Lamiaceae the dried ripe fruit is often pharmaceutically described as seed. In fact the Labiatae (Lamiaceae) have a fruit composed of four compartments which fragments in a mature state in one-seeded portions called "nutlets". This nutlet is often called seed in the pharmaceutical context. This phenomenon leads often to the incongruence in the botanical denomination and the pharmaceutical denomination of the used drug. Therefore, when *Origanum majorana* seeds are mentioned in a pharmaceutical context the ripe dried fruits (nutlets) are meant.

For the APC Committee

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