



Medical Section  
at the Goetheanum



IAAP  
International Association  
of Anthroposophic Pharmacists

Actualized information  
for modules 2 and 3  
in 2022/2023

# Central-North and Eastern Europe Training Program

5 years program of Training  
in Anthroposophic Pharmacy  
(2021–2025)





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## Main Faculty of Training:



Albert Schmidli

He worked many years, in some cases in a leading position, in research and development for major pharmaceutical companies in Switzerland and Ireland. Following an inner call to serve Rudolf Steiner's medical impulse, he joined Weleda, one of the world's leading anthroposophic pharmaceutical companies. Weleda Switzerland set up a new pharmaceutical research and development department for him on this occasion. In this he developed in close cooperation with anthroposophic doctors new anthroposophic medicines for over 25 years and was at the same time jointly responsible for training doctors and pharmacists. 2011 he decided to live as a lecturer and teacher, which he and others recognized as a real calling. Since then he has been active as a lecturer in countless seminars around the world, full of enthusiasm and deep dedication.



Denis Koshechkin, PhD

He is a general practitioner, homeopath, phytotherapist, and certified anthroposophic physician, working in St. Petersburg, Russia for over two decades. For last six years as a general practitioner in anthroposophic medical practice (Med. Centrum "Terapeuticum"). Until 1999, he worked at the St. Petersburg State Medical University. He received his basic education in anthroposophic medicine at the St. Luke Cancer Clinic (Arlesheim, Switzerland) in 1994. He trained at the Parkattwood Clinic (England), at the Öschelbronn Clinic (Germany), and at the Vidar Clinic (Sweden). He has general medical experience since 1992, practical experience as anthroposophic physician since 1994 and as homeopathic physician since 1995. He is the Chairperson of the Russian Anthroposophic Medical Association (AMA).



Rosa Beilmann

Rosa Beilmann studied microbiology and graduated with a doctorate in biology. After working as a scientist for several years, she became interested in Goetheanism and her path led her to anthroposophy. Soon she took full initiative and responsibility for the WALA branch in Russia. She held senior manufacturing and registration responsibilities. Also for the implementation of seminars for doctors. Everyone who knows Rosa is deeply impressed by her competence and her deep connection with anthroposophic pharmacy as well as the incredible dedication she shows in her work.



Marek Roszkiewicz

He is 31 years old medical doctor with specialisation in dermatology and pharmaceutical technician. He has been studying Rudolf Steiner's works since he was 14. Now he works as anthroposophical doctor in Warsaw since the beginning of medical career. Also he translates Steiner's works and is especially attached to so-called "Young Doctors Course".



Ewa Waśniewska

She was born in 1952 in Gdańsk, Poland. Medical Doctor with anthroposophical practice since 1986. She is active not only as lecturer of anthroposophical medicine, but also she is translator of Rudolf Steiner lectures and book and other anthroposophical authors, co-organizer of many conferences in Poland and other countries. Beloved in amber used as a remedy.





## Faculty:

Albert Schmidli	Bachelor of science in pharmaceutical engineering, Waldorf teacher, Trainer for anthroposophic pharmacists and doctors
Rosa Beilmann	Anthroposophic pharmacist
Denis Koshechkin	Anthroposophic doctor, PhD
Marek Roszkiewicz	Anthroposophic doctor, MD, pharmaceutical technician
Ewa Waśniewska	Anthroposophic doctor

## Accreditation, advanced training, addressed to:

Professionals and students of the Pharmacy degree to obtain International Certification by the International Association of Anthroposophic Pharmacist (IAAP) subscribed to the Medical Section at the Goetheanum, Dornach / Switzerland.

## Eligible for:

Professionals and students from different health careers (especially doctors) with an interest in Anthroposophic Medicine and Pharmacy (they would receive a certificate of participation).

## Information of training 2022/2023:

### Change of module modalities:

**Module 2 will take place in Latvia from 17 to 24 June 2023.**

**Module 3 was brought forward to 20 to 26 June 2022 and classes were held online.**

### Language:

English, German, Polish, Russian

### Course Fee:

Hybrid participation including study materials 380 EUR.  
Presencial assistance in Riga 630 EUR (conference fee, meals, accommodation, equipment).

### Contact and information:

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### Local Organizer:

Ewa Waśniewska, Marek Roszkiewicz and  
Sigita Čulkstena





## Training periods (2021–2025):

One week training in each module.

- Module 1: 16 to 22 August 2021 (Poland)
- **Module 2: 17 to 24 June 2023 (Latvia)**
- **Module 3: 20 to 26 June 2022 (online)**
- Module 4: 17 to 23 June 2024 (Russia)
- Module 5: 16 to 22 June 2025 (Russia)

## Project work after complete all modules training for certification:

- At the end of the further education a thesis must be written. It should be an independent examination on a medical-pharmaceutical topic.
- 100 hours tutoring have to be done.



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Module 1	Four elements; Tria principia; the four members of the human being; Sal / Mercury / Sulfur; functional organization of the human being; from the image of the plant to the clinical picture to the remedy; Equisetum; Ferrum-Quartz (Biodoron, Kephaldoron); health and disease; potentization (in the liquid) (WALA / Weleda, etc.); salutogenesis.
Module 2	Heat processes (practice and therapeutic aim); rhythmic methods (WALA / Rh); stabilized processes (syrups / Glycerin); potentization (in the solid) (WALA / Weleda, etc.); the four ethers (ether species), Apis / Formica, e.g. Cardiodoron (Digestio); decoct (fruit); syrup.
Module 3	Metals / minerals; planets; mirror production; vegetabilized metals; practice: external / internal treatment of metal mirrors, e.g. "Spiegelfolie".
Module 4	Compositions; practice: Aurum / Lavandula comp.; copper ointment red; Dorone e.g., Hepatodoron, etc.; Organ preparations (video); Antimon / Kal. Aceticum comp., Galenic e.g.; external applications (gels, ointments, cremes), globuli, oils, tbl, trit.; from the substance to the medicinal product, e.g. with a local plant (R&D).
Module 5	Mode of action of the Anthroposophic Medicine; Limestone (Ca); Silica (quartz); Mineral compositions after the image of a healing plant; pastoral pharmacy; Olibanum comp. / Cinis Capsallae comp.; quality control aspects for medicinal products (pharmacopoeia); regulatory; best practice; magistral preparation; APC, Ph Helv., Ph. Eur.

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*Slight program changes are possible.*

## Literature recommendations:

The following literature is recommended for the study of the fundamentals of anthroposophic pharmacy / medicine.

### Primary literature

- Steiner, Rudolf: *Fundamentals of Therapy* (GA 27)
- Steiner, Rudolf: *Theosophy* (GA 9)
- Steiner, Rudolf: *Spiritual Science and Medicine* (GA 312)
- Meyer, Ulrich, Pederson, Peter A. (Ed.): *Anthroposophische Pharmazie*, Berlin 2017

### Complement Literature

- Steiner, Rudolf: *Young Doctors Course* (GA 316)
- Steiner, Rudolf: *Spiritual Science and the Art of Healing (London Lectures)* (GA 319)
- Steiner, Rudolf: *Knowledge of the Higher Worlds and Its Attainment* (GA 10)
- Steiner, Rudolf: *An Outline of Occult Science* (GA 13)
- Steiner, Rudolf: *Fundamentals of Anthroposophical Medicine* (GA 313)
- Steiner, Rudolf: *An Occult Physiology* (GA 128)
- Steiner, Rudolf: *Physiology and Therapeutics* (GA 314)
- Steiner, Rudolf: *Karma of Vocation* (GA 172)
- Steiner, Rudolf: *Spiritual Relations in the Configuration of the Human Organism* (GA 218)

### Medical Literature

- *Vademecum of Anthroposophic Medicines*. Third English edition 2017 (book plus CD), ed. by the Association of Anthroposophic Physicians in Germany (GAÄD) and the Medical Section of the School of Spiritual Science, Dornach, Switzerland
- Schürholz, Jürgen, Walker, Michael, Glöckler, Michaela (Ed.): *Anthroposophische Medizin: Ein Weg zum Patienten*, Stuttgart 1999 [*Anthroposophical Medicine: The way to the patient*]
- *Anthroposophic Pharmaceutical Codex*, ed. 4.2 2020, International Association of Anthroposophic Pharmacists (IAAP), <https://iaap-pharma.org/>
- Soldner, Georg, Stellmann, Hermann M.: *Individuelle Pädiatrie*, Stuttgart 2018 [Individual Padiatrics]
- Vogel, Heinz-H.: *Wege der Heilmittelfindung: am Beispiel der WALA Heilmittel-Kompositionen*, Berlin 2019 [Paths for development of medicines]
- Girke, Matthias: *Innere Medizin. Grundlagen und therapeutische Konzepte der Anthroposophischen Medizin*, 3rd ed. Berlin 2020
- *Der Merkurstab*, Zeitschrift für Anthroposophische Medizin [Journal of Anthroposophic Medicine], Ed. Freie Hochschule für Geisteswissenschaft / Medizinische Sektion, Dornach / Schweiz und Gesellschaft Anthroposophischer Ärzte in Deutschland e. V. (GAÄD), München

### Recommendations of the IAAP

- Pioneers of Anthroposophic Pharmacy (<https://iaap-pharma.org/>)

### Internet links

- [www.iaap-pharma.org](http://www.iaap-pharma.org)
- [www.gapid.de](http://www.gapid.de)
- [www.vaeps.ch](http://www.vaeps.ch)



# Module 2: 17 to 24 June 2023



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	Sat, June 17	Sun, June 18	Mon, June 19	Tues, June 20	Wed, June 21	Thu, June 22	Fri, June 23	Sat, June 24
Riga: 03:30–05:30		Rhythmic process and 2th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 4th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 6th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 8th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 10th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 12th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 14th rhythmicization, Filter and ash addition (A., R., M.)
07:00	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)
08:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:40–09:00	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)	Rhythmic process Sonnenapotheke (Albert, Ewa)
09:00	Morning Break	Morning Break	Morning Break	Morning Break	Morning Break	Morning Break	Morning Break	Morning Break
10:15	Echo	Echo	Echo	Echo	Echo	Echo	Echo	Echo
11:00–11:45	Eurythmy	Eurythmy	Eurythmy	Eurythmy	Eurythmy	Eurythmy	Eurythmy	Rhythmic process Filter and ash addition (A., R.,+M.)
12:00	Spiritual-scientific perspectives on the rhythmic processes with the morning and evening forces (Albert, Rosa, Marek)	Heat processes (Maceration, Infusion, Decoction) (Albert)	Heat processes (Digestio, Distillation) (Cardiodoron as example) (Albert, Denis)	Heat processes (Tostatio, Carbonisation) (Albert)	Heat processes (Tostatio) (Spongia tosta, Equisetum cum sulfure tostum etc. as example) (Albert, Denis)	Heat processes (Tostatio) (Spongia tosta, Equisetum cum sulfure tostum etc. as example) (Albert, Denis)	Conclusion heat processes (Albert + all)	Rhythmic process exchange of experiences
13:30	Lunch /Midday Break	Lunch / Midday Break	Lunch / Midday Break	Lunch / Midday Break	Lunch / Midday Break	Lunch / Midday Break	Lunch / Midday Break	Lunch / Departures
16:30	Spiritual-scientific perspectives on the rhythmic processes with the morning and evening forces (A., R., M.)	Heat processes (Maceration, Infusion, Decoction) (Albert)	Heat processes (Wet processes, Pressing, Tasting and sharing) (Albert)	Heat processes (Incineration) (dry processes, Tasting and sharing) (Albert)	Heat processes (Carbonisation, Incineration), (Carbo Betulae, Rosa, Unguentum etc. Various Cinis preparations as example) (Albert, Denis)	Heat processes (Carbonisation, Incineration), (Carbo Betulae, Rosa, Unguentum etc. Various Cinis preparations as example) (Albert, Denis)	Manufacturing of Aurum / Lavandulae aetheroleum / Rosa, Unguentum (Albert, Rosa)	Application (Denis, Marek)
18:20	17:30: Welcome and Introduction							
18:20	18:20 Preparing the rhythmic process. Sorting out, cleaning and chopping							
19:00–20:00	Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)	R: 19:00-20:00 Rhythmic process according Sonnenapotheke (Albert, Ewa)
19:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
21:20–23:20	Start Rhythmic process and 1th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 3rd rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 5th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 7th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 9th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 11th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 13th rhythmicization (Albert, Rosa, Marek)	Rhythmic process and 14th rhythmicization (Albert, Rosa, Marek)



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