

International Further Education Regulation for "Pharmacist specialised in Anthroposophic Pharmacy (IAAP)" of the International Association of Anthroposophic Pharmacists (IAAP)

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Preface

In the following set of rules, the IAAP lays down an internal international scheme of professional further education in anthroposophic pharmacy for all pharmacists active in any field of expertise.

The set of rules is to be used when no national organisation of anthroposophic pharmacists exists and therefore there is no organisation in the country that is a member of IAAP. It also acts as orientation for the further education regulations of the national anthroposophic pharmacists associations.

Preamble

The international further education regulation of the "International Association of Anthroposophic Pharmacists (IAAP)" forms the framework for the acquirement of the expert competence of all pharmacists who embrace the spiritual-scientific foundations of anthroposophy, formulated by Rudolf Steiner, as an important part of their professional practice.

This further education regulation also forms the basis for an official international recognition as an area of further education in the academic field of pharmacy.

It serves also as a proof of qualification for the still to be protected trademark of Anthromed® Pharmacy.

Additionally it supports the individual pharmacist to be able to establish the fundamentals of anthroposophic pharmacy independently. The knowledge and skills that this further education regulation lays down, cover all areas of the professional activities of pharmacists.

Classically pharmacists were chiefly concerned with the preparation of medicines and with giving advice. Today the main role of many pharmacists lies in dispensing to people who are seeking good health.

The way in which natural substances come into medicines, i.e. their preparation, and also the way in which medicines come to sick people i.e. their dispensing are processes which make the healing properties of substances accessible to people.

The motivation and the awareness of the pharmacist in his or her activities are important components of the quality of these processes and with thus finally of the healing action.

It is intended to continuously develop the IFER-IAAP. This paper will be revised at least every 5 years.

The right to use the title "Pharmacist specialised in Anthroposophic Pharmacy (IAAP)" dependent on individual membership of the IAAP.

Further Education Regulation

§1 Prerequisites

- a degree in pharmacy
- at least one year's experience in a public pharmacy, a pharmaceutical company or a hospital pharmacy (at least 20 hours a week)

§2 The aims of further education

The further education for a/an "Pharmacist specialised in Anthroposophic Pharmacy (IAAP)" has the aims that:

- knowledge, experience and skills in the specialised area of Anthroposophic Pharmacy should be acquired, deepened or extended
- these should be applied in professional life
- competence in counselling on anthroposophic medicines should be established

- interest in continual further education in anthroposophic medicine should be stimulated

§3 The duration of further education

Training for achieving the title “Pharmacist specialised in Anthroposophic Pharmacy (IAAP)” must be completed within 3 years. In exceptional cases the duration of further education can be extended.

The attendance at IAAP recognised seminars should take up at least 150 hours.

§4 The content of the further education

4.1 Compulsory seminars and courses

4.1.1 The three pillars of further education cover

- I Knowledge of the human being
- II Knowledge of nature
- III Pharmaceutical practice

4.1.2 Attendance of the participant at the following seminars is compulsory:

- Introduction to anthroposophic medicine/pharmacy
- Practical training: the basis of anthroposophically orientated pharmacy
- Courses on anthroposophic medicine
- Visit to an anthroposophic manufacturer
- Nature-study excursion(s)

The documented time spent on further education should be at least 150 hours.

4.2 Private study

It is recommended to study, at least in part, the following works of Rudolf Steiner:

- Fundamentals of Therapy (GA 27)
- Spiritual Science and Medicine (GA 312)
- Spiritual Science and the Art of Healing (GA 319)

Further recommended literature can be found under "literature recommendations for the foundation of anthroposophic pharmacy/medicine" in Appendix B.

4.3 Project work

In the project work the pharmacist can choose a theme that he or she will explore under the guidance of a mentor. The project can have a practical part. This work forms the basis for the assessment by the IAAP examination committee.

The work should cover as a general guideline 20 – 25 DIN A4 pages. It should explore the subject from the viewpoint of anthroposophic pharmacy/medicine (see appendix A/B). The applicant should show that he is familiar with the fundamentals of anthroposophic thinking. The essential requirements of scientific work should be followed.

§5 Examination committee

The board appoints the examination committee. This should consist of at least two certified anthroposophic pharmacists and one IAAP board member.

The IAAP examination committee has the job to check the applicant's submitted documents, to test the applicant, to evaluate the project work and thus to assess if the requirements of the IFER-IAAP have been fulfilled or not.

Every examination will be documented. The results will be communicated to the applicant and if necessary, further requirements will be elucidated. In case of differences of opinion the decision must be referred to the complete board. A written explanation will be given in the case

of a rejection.

If the requirements have been fulfilled, the examination committee presents the certificate "Pharmacist specialised in Anthroposophic Pharmacy (IAAP)".

§6 Validity

This further education regulation comes into force by approval of the IAAP board on 05.05.2016

Appendices

A: Catalogue of themes in Anthroposophic Pharmacy

I System of anthroposophic medicine / knowledge of the human being

- Health and illness terms / salutogenesis
- Threefold order / Fourfold order
- Principles of therapy
- Principles of anthroposophic therapy
- Cosmological knowledge of human beings
- Knowledge of levels of organisation (member of being)

II Nature of substance

- Sal – Sulphur - Mercurius
- Evolution of human beings and realms of nature
- Realms of nature and their relationships to each other
- The reversed plant
- Understanding of substance in natural medicines
- (Metals, minerals, healing plants, animal substances...)
- Types of etheric, elements

III Manufacturing processes / production of medicines, e.g.

- Warmth processes
- Rhythmic processes
- Metal preparations
- Vegetabilised metals
- Compositions

IV Individual anthroposophic medicines / groups of medicines from the aspects ratio, preparation and therapy e.g.

- "Dorone"

V Medicinal advice / advice to customers

- Advice AMP (=Anthroposophical Medicinal Products)

VI Specialised areas (selection)

- Biodynamic agriculture
- Anthroposophic schooling path
- Principles of action of anthroposophic medicines
- Licensing/registration AMP
- Compresses / Poultices
- Areas of complementary medicine

- Clinical research AMP
- Research and development AMP
- Mistletoe research

B: Literature recommendations

The following literature is recommended for the study of the fundamentals of anthroposophic pharmacy / medicine.

Primary literature

- Fundamentals of Therapy GA 27
- An Occult Physiology GA 128
- Spiritual Relations in the Configuration of the Human Organism GA 218
- Spiritual Science and Medicine GA 312
- Fundamentals of Anthroposophical Medicine GA 313
- Physiology and Therapeutics GA 314
- Young Doctors Course GA 316
- Spiritual Science and the Art of Healing (London Lectures) GA 319
- Theosophy GA 9
- Knowledge of the Higher Worlds and Its Attainment GA 10
- An Outline of Occult Science GA 13
- Karma of Vocation GA 172

Secondary literature

- Vademecum Anthroposophische Arzneimittel (*Vademecum Anthroposophical Medicine*), edited by the society of Anthroposophical Doctors in Germany and the Medical Section of the School of Spiritual Science, Dornach, Switzerland
- Anthroposophische Medizin: Ein Weg zum Patienten (*Anthroposophical Medicine: The way to the patient*), Michael Walker, Jürgen Schürholz, Publisher "Freies Geistesleben"
- APC, Anthroposophic Pharmaceutical Codex, third Edition 2013, IAAP, Goetheanum, Medical Section, Dornach, Switzerland (www.iaap.org.uk)
- Georg Soldner and Hermann M. Stellmann: Individuelle Pädiatrie (*Individual Pediatrics*), Wissenschaftliche Verlagsgesellschaft
- Volker Fintelman: Intuitive Medizin, Anthroposophische Medizin in der Praxis (*Intuitive Medicine, Anthroposophical Medicine in practice*): Grundlagen – Indikationen – Therapiekonzepte, Hippokrates Verlag
- H.H. Vogel: Wege der Heilmittelfindung (*Paths for development of medicines*), Verlags GmbH Bad Boll
- Der Merkurstab, Zeitschrift für Anthroposophische Medizin (*Journal of Anthroposophic Medicine*), Editor: Freie Hochschule für Geisteswissenschaft, Medizinische Sektion, Internationale Koordination Anthroposophische Medizin, Dornach/Schweiz, Dr. med. Michaela Glöckler und die Gesellschaft Anthroposophischer Ärzte (GAED) in Deutschland e. V., Dr. med. Matthias Girke

Recommendations of the IAAP

- Basic Information on The Working Principals of Anthroposophic Medicinal Products
- Pioneers of Anthroposophic Pharmacy

Internet links:

- www.iaap.org.uk.
- www.gapid.de
- www.vaeps.ch

C: Changes