



IAAP

International Association of
Anthroposophic Pharmacists

IAAP Pharmacy Core Curriculum

The order of the topics can vary as well as the examples given for the processes

Overview of all modules	
Module 1:	<ul style="list-style-type: none"> • Four elements • “Tria prinzipia” • Functional organization of the human being • Health and disease, Salutogenesis • Sulfur/Mercur/Sal (Sulfur, Mercury, Silica (Quarz)) • Z.B. Ferrum-Quarz, Equisetum Curcuma • The four dimensions of the human organisation
Module 2:	<ul style="list-style-type: none"> • Plants, family, organs, point of harvest, quality aspects • Extractions: Heat- processes,(practice and therapeutic aim,) • Rhythmic methods (WALA/Rh) • structuring processes (Syrup/Glycerin) • Potentization (Fest /Flüssig) (WALA/Weleda, etc.) • The four ethers (Ether species) • Medium for extractions and potentizations • .Cardiodoron (Digestio), Chamomilla in different preparations,, Solum uliginosum
Module 3:	<ul style="list-style-type: none"> • Metals / Minerals, Ferrum sidereum • Planets • Mirror production, • vegetabilized metals • Practise: External/internal treatment of metal mirrors e.g. “Metallspiegelfolie” • External application of metal ointments
Module 4:	<ul style="list-style-type: none"> • Compositions and examples • Practise: Aurum/Lavandula comp., Aconit Schmerzöl, Apis Belladonna cum Mercurio, Dorone e.g., Hepatodoron, etc. • Organ preparations (Video) • Animal preparations Apis/Formica • Antimon / Kal. Aceticum comp. • Galenic forms e.g. External applications (Gel, Ung, Crèmes), gobuli, oils, Tbl, Trit. • From the substance to the medicinal product e.g. with a local plant (F&E)



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Module 5:	<ul style="list-style-type: none">• Mode of action of the anthroposophic Medicine• Limestone (Ca), Silica (Quarz) Mineral compositions after the image of a healing plant• Pastoral Pharmacy• Olibanum comp. / e.g. Cinis Capsallae comp.• Quality control aspects for medicinal products (Pharmacopoeias, Ph.Eur., HAB, Ph Helv, APC)• Regulatory, Best practice, Magistral preparation
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Project work:

At the end of the further education a thesis must be written. It should be an independent work on a medical-pharmaceutical topic. The thesis must not exceed 15-30 A4 pages (approx. 6500 words) and is to be done in a time frame of max. 100 hours.

Literature recommendations

The following literature is recommended for the study of the fundamentals of anthroposophic pharmacy / medicine.

Literature:

Basic literature for Pharmacy

- Fundamentals of Therapy GA 27
- Spiritual Science and Medicine GA 312
- Theosophy GA 9
- Anthroposophische Pharmazie, U. Meyer, P. Alsted Pederson Hrsg., Salumed Verlag 1. Auflage 2017
- B. Emde, J. Riedel, Anthroposophische Arzneimittel Beratungsempfehlungen für die Selbstmedikation; Wissenschaftliche Verlagsgesellschaft Stuttgart, 2. Auflage 2020
- APC, Anthroposophic Pharmaceutical Codex, third Edition 2013, IAAP, Goetheanum, Medical Section, Dornach, Switzerland (www.iaap.org.uk)

Further Literature

- Young Doctors Course GA 316
- Spiritual Science and the Art of Healing (London Lectures) GA 319
- Knowledge of the Higher Worlds and Its Attainment GA 10
- An Outline of Occult Science GA 13
- Fundamentals of Anthroposophical Medicine GA 313
- An Occult Physiology GA 128
- Spiritual Relations in the Configuration of the Human Organism GA 218
- Physiology and Therapeutics GA 314
- Karma of Vocation GA 172



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- Vademecum Anthroposophische Arzneimittel (*Vademecum Anthroposophical Medicine*), edited by the society of Anthroposophical Doctors in Germany and the Medical Section of the School of Spiritual Science, Dornach, Switzerland
- Michael Walker, Jürgen Schürholz Anthroposophische Medizin: Ein Weg zum Patienten (*Anthroposophical Medicine: The way to the patient*), , Publisher "Freies Geistesleben"
- Georg Soldner, Hermann M. Stellmann: Individuelle Pädiatrie (*Individual Padiatrics*), Wissenschaftliche Verlagsgesellschaft
- H.H. Vogel: Wege der Heilmittelfindung (*Paths for development of medicines*), Verlags GmbH Bad Boll
- M. Girke, M. Glöckler, G. Soldner: Anthroposophische Medizin, Wissenschaftliche Verlagsgesellschaft Stuttgart 2020
- M. Girke, Innere Medizin 3. Auflage Salumed Verlag 2020
- Internationale Koordination Anthroposophische Medizin, Dornach/Schweiz, Dr. med. Michaela Glöckler und die Gesellschaft Anthroposophischer Ärzte (GAED) in Deutschland

Recommendations of the IAAP

- Pioneers of Anthroposophic Pharmacy

Internet links:

- www.laap-pharma.org
- www.gapid.de
- www.vaeps.ch
- www.oegaph.at
- www.aferpa.fr