



IAAP

International Association of  
Anthroposophic Pharmacists

## IAAP Guiding Principles for an Anthroposophic Pharmacist

### Extension of the Profession of Pharmacist through Anthroposophy<sup>1</sup> (07.2006)

The Human Being and nature have their origin in the (heavenly)-spiritual world and are related through their common evolution.<sup>2,3</sup>

The Human Being as a conscious being finds himself on the path of development to his own (inner) self.<sup>4,5,6</sup>

Illnesses can be a help on this path of development.

Because of the relationship between nature and man, substances and forces from the realm of nature can become medicines for the Human Being.<sup>7</sup>

The content of Anthroposophic Pharmacy is the understanding of these natural substances and forces as well as the pharmaceutical processes on the basis spiritual scientific research initiated by Rudolf Steiner.

From this understanding, the substances and forces of the kingdom of nature should be subjected to specific pharmaceutical processes so that they are able in the form of a medicinal product, to serve the human being in regaining his health and maintaining his well-being.<sup>8,9</sup>

The interaction with the kingdoms of nature takes place with respect and in a manner appropriate to each natural substance. The effects on the living organism, the earth takes place responsibly with respect to care and protection.<sup>10</sup>

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<sup>1</sup> The ideas which are outlined in this document are being continuously further developed

<sup>2</sup> Dankmar Bosse "Die Gemeinsame Evolution von Erde und Mensch" Verlag Freies Geistesleben, Stuttgart, 2002

<sup>3</sup> Jos Verhulst, "Der Erstgeborene", Verlag Freies Geistesleben, Stuttgart, 2001

<sup>4</sup> Rudolf Steiner "Anthroposophical Leading Thoughts", GA 26

<sup>5</sup> Rudolf Steiner "The Philosophy of Freedom" GA 4

<sup>6</sup> Rudolf Steiner "How to know Higher Worlds", GA 10

<sup>7</sup> Rudolf Steiner, Ita Wegman "Fundamentals of Therapy", GA 27

<sup>8</sup> Aaron Antonovsky "The Sense of Coherence as a Determinant of Health" in J.D. Matarazzo. (Ed) Behavioral Health: A Handbook of Health Enhancement and Disease Prevention. New York John Wiley & Sons 1984

<sup>9</sup> Anthroposophic Pharmaceutical Codex, IAAP

<sup>10</sup> Umweltpolitik Agenda21, June 1992 in Rio de Janeiro



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The task of the Anthroposophic Pharmacist is to strive towards making available to patients these medicines which have the properties of stimulating the self-healing forces in the human being. To this belong, as well as others the following tasks: Research and development, production, quality control, quality assurance, regulatory affairs, counselling and sale in the pharmacy.

The IAAP wishes to be a community of persons who strive in freedom for spiritual knowledge and work from individual moral motives.<sup>4</sup> With these ideals the pharmacy profession could serve the health system of the future.<sup>11</sup>

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<sup>11</sup> Rudolf Steiner "Karma of Vocation" GA172

For further information on the references of Rudolf Steiner see e.g. <http://www.rudolfsteinerweb.com>